



Beech Green News

Thursday 19th January

School News



A Typical Afternoon at Beech Green



1 - Practising skills and knowledge



2 - Swimming



3 - Year 3 Netball



4 - Reading to an adult



5 - Yoga in Year 4

If anyone ever asks me what I do all day I often make the slightly flippant remark, 'I just wander about'. There is some truth in this, walking around our school I can check on children who need a bit of extra support, talk to individuals and groups about what they have learned and make sure everyone is working hard and doing their best. The photos in the stack capture a 10 minute wander about this afternoon.

Working in partnership with families makes a huge difference to your child's school experience and achievement. At Beech Green we are committed to supporting the emotional wellbeing and mental health of all our children. Mrs Hart and Mrs Weeks have been trained by Emotion Coaching UK to deliver training to parents and families to work alongside us in supporting the emotional development of our children. Throughout the year, we will be running parent workshops in Emotion Coaching which are designed to empower you to use positive strategies when engaging with your children's emotional health and wellbeing.

Please get in touch if you would like to find out more:

katehart@beechgreen.gloucs.sch.uk

sharonweeks@beechgreen.gloucs.sch.uk

There are three blocks to choose from

Term 3/Term 4 - Monday mornings 9-10:30am

27th Feb, 6th Mar, 13th Mar, 20th Mar

Term 5 - Wednesday evenings 6-7:30pm

3rd May, 10th May, 17th May, 24th May

Term 6 - Thursday afternoons 1:45 - 3:15pm

15th June, 22nd June, 29th June, 6th July

Attendance Letter

We are once again reviewing attendance, which means that letters will be sent via Parent Mail before February half term. The aim is to share this information with you and ask you to work with us if you think your child needs extra support. We have access to a range of services including NHS. If you do receive a letter which requires a response please make contact with the school office as soon as possible.

Strike Action

Attached to this Parent Mail is a letter about the planned strike action. Please speak to a member of staff if you would like to know more.

Julie Poulson

Headteacher



Atlas Camps - February Half Term

It's just 4 weeks to go until Atlas Camps will be running their award-winning holiday clubs this February half term at Beech Green, with a selection of places still available to book!

Rating Outstanding by Ofsted, Atlas Camps specialise in multi-activity clubs for children ages 4-14. With a focus on fun, activities on offer span everything from arts and crafts to sports and active play, all in a safe, enjoyable environment designed to cater for all.

Highlights include:

- Ofsted rated 'outstanding'
- Childcare vouchers accepted from a variety of providers
- Early drop-off/ late pick-up options
- Sibling discount available

For further information, please watch this video <https://atascamps.co.uk/promo/generic-16x9.mp4> or check out the attached poster.

Head to the Atlas Camps website at www.atascamps.co.uk to book.





Lost Property

We have a few items of lost property in the parent cafe. If you recognise anything, please pop in to collect.



Dear Parent or Guardian,

Rocksteady in-school band lessons are the perfect opportunity for your child to learn new skills, develop friendships and have the time of their life. Parents often find that Rocksteady lessons also boost children's confidence, wellbeing, and even academic achievement.

Here's some more information about what your child could experience:

- Lessons are held during the school day. There's no experience necessary and all instruments are provided, so it's totally **inclusive** and **accessible** for all.
- Your child can choose from **drums, vocals, keyboard, or electric guitar** (subject to availability). They'll join their bandmates for a weekly 30-minute lesson, where together they'll learn some of their favourite songs, developing up to 300 musical skills along the way.
- You can proudly watch as your child performs in their Rocksteady concert at the end of each term, showing you and their friends just how far they have come.
- Rocksteady is the largest provider of **rock** and **pop** band lessons, working with thousands of UK primary schools every year. Our experienced band leaders will **guide and inspire** your child to progress their musical skills at your child's own pace, ensuring they enjoy the journey.
- A **highlight of the school week**, your child could enjoy the Rocksteady experience for £34.85 a month (no payment in August). There is a **money back guarantee** for the first month and you can **cancel at any time**.
- You'll also receive **regular updates** on your child's **progress** through the parent timeline.
- Your child will become either a **Mini Rocker** (Reception to Year 2), **Rock Hero** (Year 3 and Year 4) or a **Rock Icon** (Year 5 and Year 6).

Places are offered on a first come, first served basis. Selecting different instrument options will also give you the best chance of getting a place. To secure your child's spot in the band or find out more visit www.rocksteadymusicschool.com or call 0330 113 0330.

Best wishes,
Mark Robinson | Chairman and Founder



Rocksteady Music School
 Music School | Instrument Rock School, Reception to Year 6
 0330 113 0330 | www.rocksteadymusicschool.com | info@rocksteadymusicschool.com
 Registered in England 10132028

HERE'S WHAT SOME PARENTS AND HEADTEACHERS
 HAVE TO SAY ABOUT ROCKSTEADY LESSONS

6 - Rock Steady

Last Friday the school was treated to a spectacular concert from the children that have lessons with the Rock Steady team. All our mini-bands performed a piece of popular music accompanied by a vocalist, guitarist, drummer and pianist. They were absolutely amazing and demonstrated beautifully the power music has for relieving stress, building confidence and bringing joy to others. If your child has been inspired to join the group, please see the attached poster and contact the Rock Steady team directly.

Cake sale

This Friday Year 6 are holding a cake sale to raise money to fix the bikes the children use during their opal play sessions. Please can you bring any donations of cakes to school in the morning and they will be available to buy in both the front and back playgrounds after school.

Sports News





Swimming Pool

All the KS2 children who have been enjoying their swimming lessons over the past few weeks, would like to say a big thank you to the FABG team who kindly donated £1000 towards the cost of bringing the swimming pool into school. This money has been raised through a variety of events over the past year, including fayres, discos and cake sales. I think we can all say it has been a huge success and the children have benefitted greatly from having such a valuable resource so close to home.

Community News





Gloucestershire Boys' Choir

will be holding an **Open Rehearsal** on
Sunday 5th February 2023
to kick start the new term.



Bringing
confidence
to boys through
a love of **singing**

Open to all boys with a love of singing.
Juniors (years 3-6) 2-2.50pm
Seniors (years 7-11) 2.40-3.30pm

Gloucestershire Academy of Music
Barbican House, Gloucester, GL1 2JF

First session free for new starters.

For more details and to sign up visit
bensawyermusic.co.uk/boys-choir

SCAN THIS QR CODE
FOR FURTHER DETAILS



LOTS for TOTS

CHILDREN'S NEARLY NEW SALE

at St Phillip and St James Church
Grafton Road, Cheltenham GL50 2DD

Find great quality second hand baby and toddler clothes,
equipment, toys and more...all at bargain prices.

RAFFLE top prize a brand new coffee machine. **REFRESHMENTS** Tea, coffee and homemade cakes.
Enter **TREASURE HUNT** for £1 and win a prize.

PLEASE BRING CASH FOR PURCHASES!

Book a pitch for £10

and turn your pre-loved items into cash.
visit www.lincfund.org/current-events
Option to donate any **UNSOLD ITEMS** left
at the end to LINC charity shop.

Linc

The Leukaemia & Intensive Chemotherapy Fund
Registered Charity number: 1078183

Saturday

28 January 2023
10am-12pm

ENTRY £1
on the door
CHILDREN FREE



HELLO, PARENTS & GUARDIANS! WE ARE BEEZEE BODIES, AND WE WORK WITH GLOUCESTERSHIRE COUNTY COUNCIL TO PROVIDE FREE (AND FUN!) HEALTHY LIFESTYLES SUPPORT FOR FAMILIES.

WOULD YOU LIKE YOUR FAMILY TO BE HEALTHIER?

GOOD NEWS! WE HAVE NEW GROUPS STARTING NEAR YOU IN JANUARY. CLICK BELOW TO SIGN UP FOR YOUR FAMILY'S FREE PLACE!

CLICK HERE OR SCAN THE QR CODE WITH YOUR SMARTPHONE CAMERA TO SIGN UP FOR YOUR FAMILY'S FREE PLACE



Monday	Tuesday	Wednesday
GLOUCESTER QUEDGELEY MARTINIST CHURCH GL2 4NE 17:00 - 19:00	GLOUCESTER GL2 GL2 1DT 18:30 - 19:30	COLEFORD THE MAIN PLACE GL18 8BN 18:30 - 19:30

*To be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Gloucester City or Town and include one child who is above their ideal healthy weight.

HAPPY VEGAN-UARY!

The New Year is a great time to switch it up and try something different. Why not give these Crispy Cauliflower Nuggets a go as a healthy alternative to traditional chicken nuggets or turkey devils? - oh, and did we mention they're veggie?

CRISPY CAULIFLOWER NUGGETS

Ingredients:

- 1/2kg cauliflower florets (one medium head)
- 4 tablespoons vegan mayonnaise (or regular/light mayo - it just won't be vegan then!)
- 60g breadcrumbs
- 1 teaspoon onion powder
- 1/2 teaspoon ground paprika
- Salt & pepper to taste
- 2 tablespoons ketchup
- 2 tablespoons vegan mayonnaise
- 1 tablespoon sriracha (optional)

What to do:

1. Preheat oven to 200°C. Line baking sheet with parchment paper or foil and set aside.
2. In a large bowl, toss the cauliflower florets with the mayonnaise until completely coated and set aside.
3. In a small bowl, combine breadcrumbs, onion powder, garlic powder, paprika and mix well.
4. Coat the cauliflower florets in the breadcrumb mixture and place on a baking sheet.
5. Bake for 30 minutes, turning halfway.
6. For the dipping sauce, combine ketchup, mayonnaise and sriracha in a small bowl.
7. Serve with a side of your favourite veggies and enjoy!

TOP TIP

Feel free to swap out the spices for whatever you already have in the cupboard or a different combo you might like!








Dates this Term

January 20th- Cake sale

February 10th - Opal stay and play session 2.45 to 3:10

February 17th - End of term 3

Contact Us

Beech Green Primary

St James

Quedgeley

Gloucester

GL2 4WD

<https://beechgreenprimary.co.uk/>

Email addresses for Wildwood After School Club and extra-curricular clubs

wildwoods@beechgreen.gloucs.sch.uk

clubs@beechgreen.gloucs.sch.uk